

Good morning **heavenly Father**,

Good morning **Lord Jesus**,

Good morning **Holy Spirit**.

Heavenly Father, I worship you as the creator and sustainer of the universe.

Lord Jesus, I worship you, Savior and Lord of the world.

Holy Spirit, I worship you, sanctifier of the people of God.

Glory to the Father, and to the Son and to the Holy Spirit.

Heavenly Father, I pray that I may live this day in your presence and please you more and more.

Lord Jesus, I pray that this day I may take up my cross and follow you.

Holy Spirit, I pray that this day you will fill me with yourself and cause your fruit to ripen in my life:

love, joy, peace, patience, kindness, goodness,
faithfulness, gentleness and self-control.

Holy, blessed and glorious Trinity, three persons in one God,
have mercy upon me. Amen

- John Stott, quoted in *Basic Christian: The Inside Story of John Stott*